

ST5/6 Module Guidance

At the end of the first two years of training (ST3/4) in the West Midlands, you will have covered the major topics in respiratory medicine at the regional training days. These training days are designed to provide a platform on which to start developing specialist respiratory knowledge. Following this, the Respiratory Specialist Training Committee (STC) recommends that Registrars start gaining experience in 'specialist interest' areas.

In order to allow you to pursue a particular interest or gaps in training (such as gaining experience in cystic fibrosis or lung transplantation) you will be given help by your Educational Supervisor to plan educational modules.

An educational module is a self-selected and directed component of training where the registrar is required to explore an area within respiratory medicine, producing a report of their learning outcomes at the end. An educational module can take a variety of forms, including clinical experience, literature review, case reports and series leading to publication, procedural or practical specialism etc.

It is mandatory to undertake 2 modules in each of ST5 and ST6 (with evidence uploaded to the ePortfolio) for a successful outcome at ARCP.

The following is required to be uploaded in your personal library in your ePortfolio as evidence of completion of the modules.

1. Documentary evidence (A4) of an initial planning session with your ES about the module to be undertaken, which will have a mutually agreed plan, outlining:
 - a. Learning outcomes, aims and objectives (include in a PDP)
 - b. Structure of the module, such as how many specialist clinics, ward rounds, attendance in the lab etc. (Whatever is appropriate for the module)
 - c. Agreed plan for evidence for your ePortfolio – i.e. PDP, a case report or critical appraisal of the literature – which will need to be signed off by your ES at the end
2. Evidence of module completion
 - a. The final report (a written report up to 2,500 words) which is signed off by your ES.
 - b. A comment in your ePortfolio supervisor report that the module was completed to their satisfaction

ST5-7 Training Days

In 2019, ST5-7 training days have been established and are co-ordinated by a small ST5-7 trainee committee. These will be delivered initially 2 times per year, rotating around each trust within the West Midlands Deanery. Registrars working at the 'host' trust will be expected to contribute to the organisation and delivery of these training days, with local department support. The 'host' trust will rotate to ensure the entire region is involved, providing an excellent opportunity for each trust to showcase their respiratory department to Registrars. These days are aimed at providing an 'update' to respiratory trainees, as well as share the work and learning from educational modules undertaken.

The training day structure will be flexible enabling the 'host' trust to reflect their own specialty interests. However, there are elements that each training day must include:

- A module session
 - 3-4 trainees are expected to present their educational modules and the learning from these.
 - this session should help share learning across the region, as well as help link and direct other registrars to opportunities available.
- At least one respiratory update session:
 - Each training day will have an update provided by that trust within a subspecialty area of respiratory medicine.
 - The theme cannot be repeated within 2 years, to allow for variation in the updates provided.
- Other sessions (optional):
 - These can vary in content, and also include non-clinical topics, such as management, medical leadership, Quality Improvement etc.

It is important to note that this training programme has been agreed as a trial by the STC. They are mandatory days and its success requires engagement of both registrars and the local departments within region. It is expected that training days will be fully attended. The days will be reviewed and if successful, there may be scope to increase the number.

To encourage a sense of community and networking amongst specialty registrars as well as the host trust, we encourage the organisation of a dinner/evening/ social event for those who wish to attend.

Proposed ST5-7 Training Day Rota

Month/Year	Hospital
14 th October 2019	Good Hope Hospital
May 2020	New Cross Hospital, Wolverhampton
September 2020	
May 2021	
September 2021	
May 2022	
September 2022	
May 2023	
September 2023	
May 2024	

The specific date and registration for the training day will be organised by the registrars within that trust.

Other ST5-7 Training Opportunities

Respiratory Simulation – TBC (dates soon to be circulated)

Preparing for SCE – Dr N. Ahmad at Princess Royal Hospital, Telford organises

West Midlands Respiratory Registrar Presentation Day – Annual in July

ST3/4 Training Days – Eligible to attend days missed whilst in ST3/4. See MTS website for programme and contact details to register (no additional fee for ST5-7s)

Midlands Thoracic Society Spring and Autumn meetings – opportunity to also submit Qi and abstracts with generous prizes for trainees.

Conferences to Consider Attending and Submitting Work to

Winter/ Summer BTS Meetings – <https://www.brit-thoracic.org.uk/>

BTS Short Courses – <https://www.brit-thoracic.org.uk/>

European Respiratory Society meeting – <https://www.ersnet.org/>

American Thoracic Society meeting – <http://www.thoracic.org/>

Midlands Thoracic Society Spring/ Autumn meetings – <https://www.midlandthoracic.co.uk/>